

***Expected Behaviors: Road Rules for
Project Team Member – Not Road Rage***

PROJECT MANAGEMENT CHALLENGE 2008

Fifth Annual NASA Project Management Conference



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Health Care**

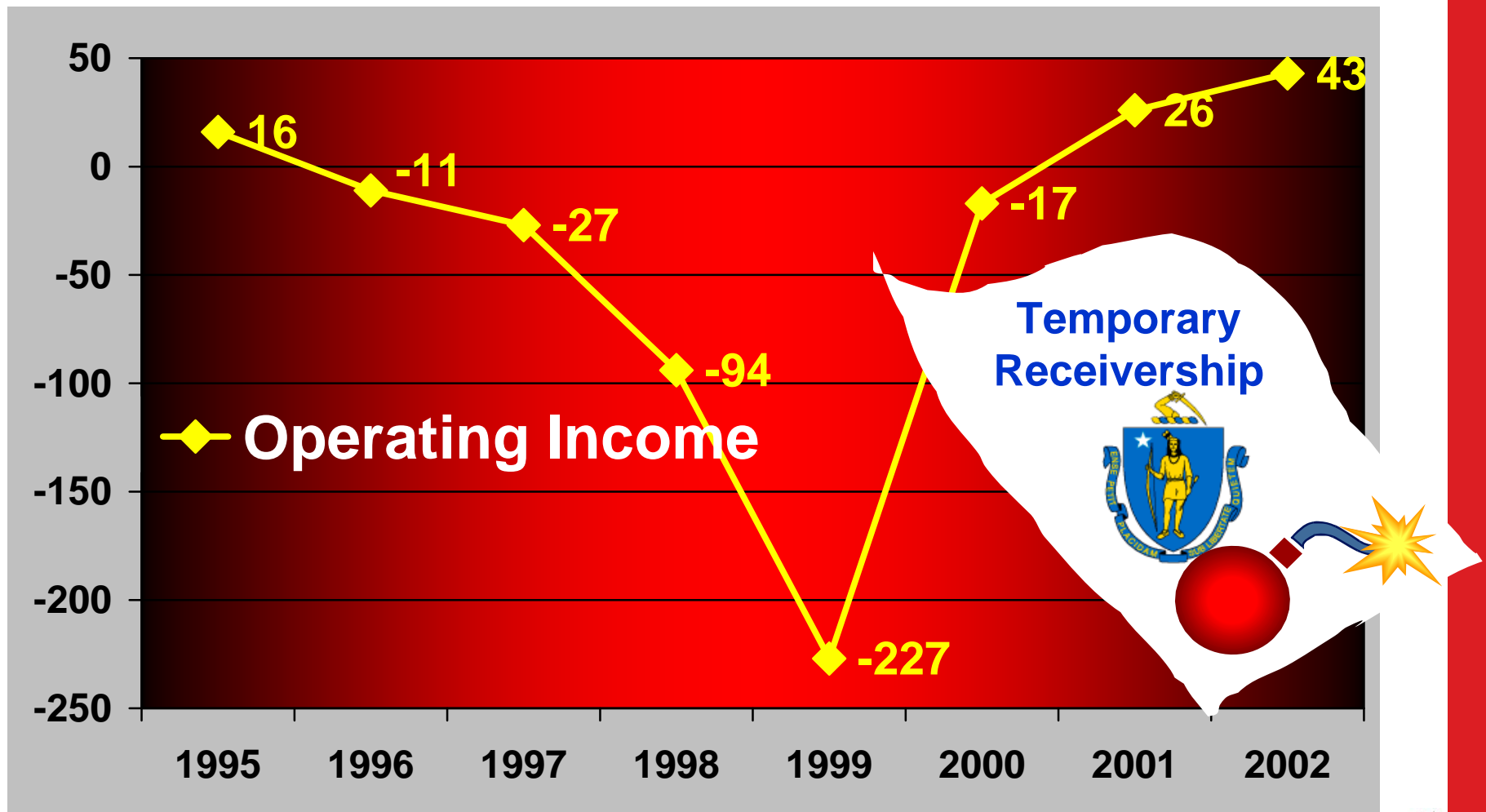


Who Are We?

- Boston-based Health Plan, over 1M members
- Offers full range of health options
- Has a variety of plan options to help our customers save money
- We provide national coverage
- Members have a broad choice in where they can access care
- We provide Fitness Reimbursement and other Wellness Programs



Financial Performance \$(M)



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Awards & Recognition

- Harvard Pilgrim ranked #1 on the "America's Best Health Plan" list three years in a row.
*U.S. News & World Report/NCQA**
- Harvard Pilgrim's HMO recognized three years in a row for providing "An Outstanding Member Experience."
J.D. Power & Associates
- "Plan of Distinction" designation.
J.D. Power & Associates
- "Best Place to Work" in Boston, past five years.
Boston Business Journal
- Harvard Pilgrim Health Care was named the nation's top-rated health plan for member satisfaction and quality of care in 2004 by the National Committee for Quality Assurance (NCQA). In 2005 and 2006, Harvard Pilgrim was named the top-rated health plan according to a joint ranking of commercial plans by *U.S. News & World Report* and NCQA. NCQA is a private, non-profit organization dedicated to improving health care quality. "America's Best Health Plans" is a trademark of *U.S. News & World Report*.



"An Outstanding Member Experience"



Stories from the Road

Today's Goal:

- Where we started
- Where we've been (beware of potholes!)
- Where do we go from here?



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HPHC Expected Behaviors (Driving with Manners)

- Treat others with dignity and respect
- Support and promote intra- and inter-departmental teamwork
- Understand and consider the needs and impacts of your own work on others
- Demonstrate an ability to problem solve and make timely decisions
- Actively seek and receive feedback for improvement
- Consistently share knowledge and information

Survey Findings (Roadside Service)

EB Tools

EB Survey

Team Liaisons

Team Survey Process

Awareness and Usage of Expected Behaviors



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Expected Behaviors Toolkit Getting Started

- [Discussion Guide](#)
 - Structure a conversation on the EB's
 - [Expected Behaviors Survey](#)
 - ~~Assess team performance on the EB's~~
- Treat others with respect and dignity**

- [Rules of Engagement](#)
 - ~~Establish group norms~~ in 6 categories
 - "24-Hour" Rule
 - Resolve conflict by communicating directly within 24 hours
- Support and promote intra- and inter-departmental teamwork**

- [Promoting Teamwork](#)
 - Analyze and resolve risks and dependencies
- Understand and consider needs and impacts of own work on others**

- [Creating Realistic Agreements](#)
- Respond realistically to requests, and negotiate priorities

Demonstrate ability to problem solve and make timely decisions

- [Problem-Solving and Decision Support](#)
 - Define decision parameters for involvement, analysis and prioritization
- Actively seek and receive feedback for improvement**

- [Seeking and Receiving Feedback](#)
 - Initiate feedback conversations effectively
 - [Intent-Behavior-Impact](#)
 - Learn the impact of your behavior on others
- Consistently share knowledge and information**

- [Sharing Information](#)
- Answer what, who and when of sharing information

General Tools and Templates

- [Agenda Template](#)
- Send out an agenda easily with an EB reminder
- [Minutes Template](#)
- Send out minutes easily with an EB reminder
- [Quick Check](#)
- Evaluate meetings in 8 key areas
- [Stop-Reflect](#)
- Evaluate meeting effectiveness quickly
- [Temperature Check](#)
- Defuse tension before it interferes with work
- [EB Survey Results Template](#)
- Compare your last 3 survey results on this spreadsheet



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Expected Behaviors Toolkit (Don't Drive Doing This!)

The Toolkit IS NOT:

- A time-consuming, bureaucratic exercise that will slow down work
- A rigid process that teams must follow
- A way to stifle team energy, creativity or limit lively and productive discussion



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Initial Findings: (Souvenirs)

“One Size does not fit all”

- Minimum conditions are: leadership buy-in, stable membership and commitment to purpose
- Survey and Discussion Guide provide good jumping off points
- Group must engage early-use a couple of quick and simple tools –but don’t be prescriptive
- Teams vary widely-approach must be flexible and mentorship readily available-role of steward and liaison are critical to success
- Agenda template, Minutes template and Rules of Engagement have almost universal appeal
- Other teams are “catching on” from the “buzz”

Survey Findings (Roadside Service)

Overall Summary

- Made meetings a more comfortable working environment
- Made meetings “safe” to give feedback
- Made meetings more productive
- Increased the team’s efficiency
- Helped the team meet it’s deliverables



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Expected Behaviors Tool Kit (Don't Drive Without it!)

The Toolkit IS:

- A way to get work done more efficiently with less “noise”
- A way to take the “sand out of the gears” on teams, projects and between individuals
- A small number of key tools and templates of HPHC “best practices” that teams and individuals can use selectively



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Based on your experience to date, we are interested in knowing how strong you believe the "PMO Team" is in the following areas.

Using a scale of 1-7 where 1 = extremely weak, and 7 = extremely strong, please rate the following:

1. Members consistently treat each other with dignity and respect.

| | | | | | | | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| Extremely Weak | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Extremely Strong |
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

2. Members support and promote intra- and inter- departmental teamwork.

| | | | | | | | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| Extremely Weak | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Extremely Strong |
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

3. Team/Members are sensitive to how their needs, ideas, or suggestions will impact the workload of others on the team.

| | | | | | | | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| Extremely Weak | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Extremely Strong |
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

4. Team/Members are sensitive to how their needs, ideas, or suggestions will impact the workload of others not on the team.

| | | | | | | | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| Extremely Weak | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Extremely Strong |
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

5. Members effectively work together at problem resolution.

| | | | | | | | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| Extremely Weak | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Extremely Strong |
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |





[Click for Tool index page](#)

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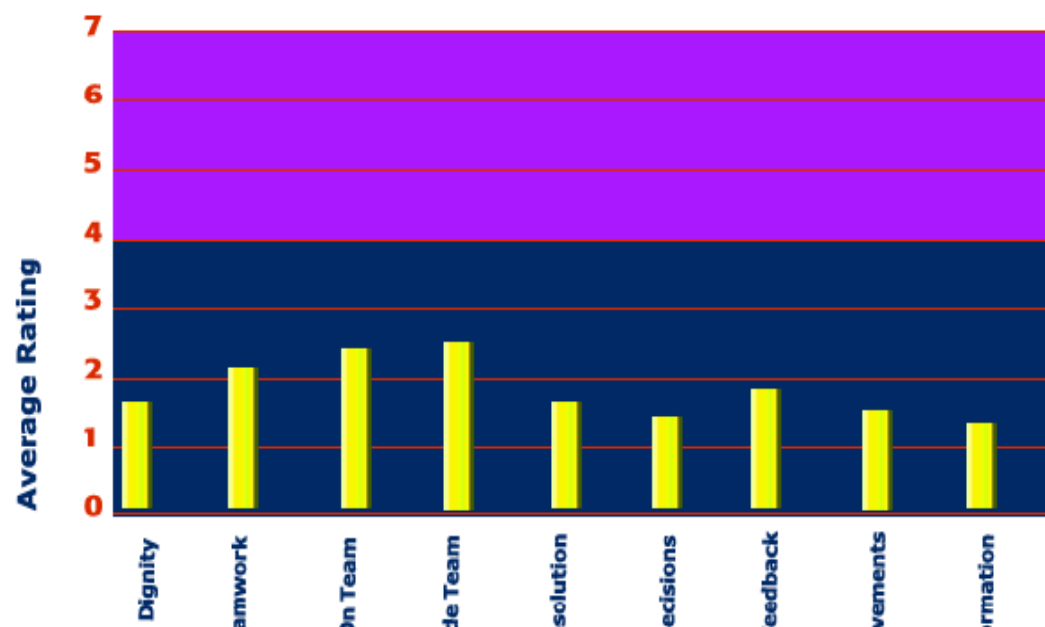
Expected Behavior Survey

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Name: Lisa DiTullio
Team Name: Harvard Pilgrim / PMO
Report Date: 8/2/05
Number of Responses: 8

Shown below are your team's composite scores in the 9 process areas evaluated. A score of 1 represents the lowest rating, 7 represents the highest. The top graph shows the team's average score for each Behavior. Scores in the dark blue "Low Performance" band should receive priority attention. Click on a yellow bar or scroll down for a detailed view of each score.

Average Rating Graph



Rules of Engagement

Basic Courtesies

Operating Agreements

Problem Solving and Decision Making

Accountability

Conflict Resolution

Leaders Role



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Are We There Yet?

- Corporate Project Teams
- Baseline Survey
- Rules of Engagement
- PMO Support and Guidance



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Expected Behaviors Stories: Postcards from the Edge

- “What Came First, The Chicken Or The Charter?”
- “The Tale of Two Cities”
- “Time Is Of the Essence”
- “New Kid on the Block”
- “Power to the People”
- “Follow The Leader”



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What's Up Ahead?

- Evolving Teams
- Virtual Teams
- Steady Pace?



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Questions?

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